



NSW Police Force

If you are subject to stay at home directions in NSW, remember:

FLEEING A VIOLENT OR AN ABUSIVE RELATIONSHIP OR SEEKING DOMESTIC AND FAMILY VIOLENCE-RELATED SERVICES ARE REASONABLE EXCUSES TO LEAVE YOUR HOME.

Other lawful reasons to leave your place of residence include to:

- provide care or assistance (including personal care) to a vulnerable person or to provide emergency assistance
- access social services, employment services, services provided to victims (including as victims of crime), domestic violence services, and mental health services
- undertake legal obligations
- avoid injury or illness or to escape the risk of harm

#noexcuseforabuse



Triple Zero (000)

For emergencies or life threatening situations.

If you would like to speak to a support service, contact
1800RESPECT (1800 737 732)
or the Men's Referral Service (1300 766 491).